

Life Advice From 20 Inspiring Women

Women's Health

BRIGHTER SKIN

Natural Products That Really Work

**HEAD-TO-TOE
HOT**

The One Move That Tones All Over

Double Your Energy!

Crush Your Fitness Goals!

- > Drop Pounds
- > Beat Your Best Time
- > Learn a New Sport

Turn Off Your Weight-Gain Hormones

THE SHOCKING CANCER NEWS

All Women Need to Know

Instagram Phenom
Karlie Kloss
Build A Social Following—
And Killer Abs



Cook From
Scratch
Never. Been. Easier.



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the / **zimmerman** / agency

(continued)

WHERE TO BUY

On the Cover

Karlie Kloss

Kobi Halperin Siome jacket, \$498, naimanmarcus.com
 SukiShuru Suki bandeau top, \$70, sukishuru.com
 Adidas by Stella McCartney Run 2in1 shorts, \$85, adidas.com
 Swarovski Funk earrings, \$69, swarovski.com
 Shylée Rose Jewelry three-diamond necklace, \$1,650, shyleerose.com
 Zoe Chicco "K" letter necklace, \$350, zoechicco.com
 Swarovski Fizzy pendant necklace, \$79, swarovski.com
 Pamela Love Three Passages ring, \$180, pamelalove.com
 Ash + Ames silver pavé mesh bracelet, \$1,200, ashandames.com
 Jewelry by Coordinates Collection horizon ring, \$120, coordinatescollection.com
 Pamela Love Suspension ring, \$180, pamelalove.com
 Game Changer: Emily Núñez Cavness
 Lululemon City Sky Run by tank, \$68, lululemon.com
 Chichi Active Jennifer capris, \$89, chichiactive.com
 Goldhenn Jewelry pavé fin stud, \$1,250, goldhenn.com
 Scosha Twinkle necklace, \$100, scosha.com
 Alex Woo "E" necklace, \$98, alexwoo.com
 David Yurman Spiritual beads bracelet, \$295, davidyurman.com

How Karlie Got This Bod

Eres Creamy in Noir cropped bikini top, \$245, netaporter.com
 Jonathan Simkhai cable-knit flare skirt, \$365, jonathansimkhai.com
 Lana Jewelry Mega Dream hoops #1251, \$1,155, lanajewelry.com
Necklaces
 Lizzie Scheck Jewelry bar necklace, \$450, lizziescheck.com
 Zoe Chicco 14k custom name necklace, \$475, zoechicco.com
Jewelry by Coordinates
 Collection Horizon necklace in gold, \$130, coordinatescollection.com
Left hand
 Monica Rich Kosann "Never fear" petite posy bracelet, \$1135, monicarichkosann.com
Jewelry by Coordinates
 Collection Nile bracelet, \$125, coordinatescollection.com
Right hand
 Miansai gold split-layer ring, \$95, miansai.com
 Zoe Chicco open-heart bracelet, \$185, zoechicco.com
 Maya Brenner "Love" bracelet, \$415, mayabrenner.com
Stretch Your Limits
 PAGES 61 TO 65
 Lululemon Energy bra H2O, \$58, shop.lululemon.com
 Onzie weave capri, \$69, onzie.com
 Asics Fuze X sneakers, \$110, asicsamerica.com
Motion by Coalition Tiffany Motion classic sports bra, \$48, motionbycoalition.com
Fabletics Clover capri, \$45, fabletics.com
New Balance 811 Trainer, \$75, newbalance.com

15-Minute Workout: The Buddy System

PAGE 72
 Koral Submerge sports bra, \$120, bandier.com
 Lucas Hugh Colour Bolt leggings in violet, \$260, trendysportusa.com
 APL Ascend in Cosmic sneakers, \$185, athleticpropulsionlabs.com
Business Model
 PAGE 117 TO 120
 Adidas Supernova bra, \$40, adidas.com
 Pinko Blade Runner skirt, \$310, pinko.com
 Ariel Gordon Ruby pavé guggles, \$630, arielgordonjewelry.com
 Lizzie Scheck Jewelry initial necklace, \$395, lizziescheck.com
 Shylée Rose Jewelry dog tag necklace, \$1,200, shyleerose.com
 Sydney Evan "Love" necklace, \$1,300, sydneyevan.com
 Miansai Tension cuff, \$215, and Screw cuff, \$365, miansai.com
Onirikka Fine Jewelry Punk B bi-tone ring, \$4,450, onirikka.com
 Page 118
 RD Style mock-neck top, \$54, rdstyle.com
 Lana Jewelry Wave Magic hoops, \$795, lanajewelry.com
 Page 120
 Guess Abiola side cutout sweater, \$69, guess.com
 Giuseppe Zanotti Design lace-up sneakers, \$870, giuseppezanottidesign.com
You Don't Know Squat
 PAGES 136 TO 143
 Solow at Carbon38 zipped racerback sports bra, \$79, carbon38.com

Lululemon Wunder shorts, \$48, shop.lululemon.com
Body Language Sportswear Layla top, \$78, bodylanguage.com
KiraGrace shorts, \$68, kiragrace.com
Phat Buddha Wear Lincoln Tunnel bra, \$77, phatbuddhawear.com
Onzie power leggings, \$74, onzie.com
Phat Buddha Wear strap-back bra, \$74, phatbuddhawear.com
Oiselle fancy stride shorts, \$48, oiselle.com
Lululemon Run Stuff Your Bra III, \$58, shop.lululemon.com
KiraGrace shorts, \$68, kiragrace.com
New Balance sneakers, newbalance.com for similar styles
Just Press Play
 PAGES 144 TO 151
Elizabeth and James Marit necklace, \$195, bloomingdales.com
Iron Strong by Tina Tang brass kettlebell necklace, \$65, ironstrongjewelry.com
Furla Capriccio bangle, \$218, furla.com
Pamela Love Suspension ring, \$180, pamelalove.com
Tacori The Ivy Lane Surfboard ring, \$3,290, tacori.com
Lizzie Scheck Jewelry Spike ring, \$900, lizziescheck.com
 Page 146
Erin Dana Bowtie choker, \$45, erindana.com
Beth Miller Collection ID bracelet, \$795, bethmillercollection.com
David Yurman Petite pavé bracelet, \$1,450 and \$2,200, davidyurman.com

Giuseppe Zanotti Design sneakers, \$1,050, giuseppezanottidesign.com
 Page 147
Zoe Chicco spiked bar studs, \$265, zoechicco.com
Pamela Love Enclosure pendant, \$220, and Stratum pendant, \$210, pamelalove.com
R J Graziano Resin bangles (2), \$35 each, rjgraziano.com
Tacori chevron pendant, \$1,290, tacori.com
 Page 148
Erickson Beamon Star Search necklace, \$553, ericksonbeamon.com
 Page 149
Missoni sweater, \$1,340, missoni.com
Lizzie Scheck Jewelry triangle studs, \$850, lizziescheck.com
Bill Blass bangle, \$188, billblass.com
Elizabeth and James Tate ring, \$135, bloomingdales.com
Pamela Love Three Passages ring, \$180, pamelalove.com
Ilana Ariel Ella ring, \$7,000, ilanaarielcollections.com
Buscemi sneakers, \$890, buscemi.com
 Page 150
Carrie Hoffman Jewelry flat triangle studs, \$235, carriehoffmanjewelry.com
 Page 151
Serenity spoke hook earrings, \$85, byserenity.com
Eik Abake ceramic necklace, \$49, elkaccessories.com
Modern Weaving bangles (2), \$175 each, modern-weaving.com

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