

## NAILS

### The Royal Manicure

45m | 80

The ultimate in pampering, your hands will experience powerful antioxidants and rejuvenating botanical extracts that will deliver deep hydration to combat dryness and reduce the visible signs of aging. Your treatment will conclude with a luxurious massage and immaculate lacquer application.

### The Royal Pedicure

60m | 120

Relax and invigorate your legs and feet with a skin-renewing botanical soak. After exfoliation receive a thorough royal massage on calves and feet followed by warm towels for deep repair and intense hydration. Your treatment concludes with a meticulous polish application.

### Palace Signature Manicure

25m | 60

The maintenance manicure, you will be primed, prepped and treated to a perfect lacquer application.

### Palace Signature Pedicure

45m | 90

The preservation pedicure, you will be restored, revived, and varnished with a meticulous polish application.

## nail enhancements

French Polish Hands or Feet | +20

CND Vinylux Hands | +25

CND Vinylux Feet | +25

Paraffin Hands OR Feet | +25

Acrylic/Gel removal | +40

Callus-eliminating Foot Masque | +35

## WAXING

Brow Sculpting | 35+

Full/Half Leg | 95/45

Brazilian/Bikini | 85/55

Full/Half Back | 95/55

Full/Half Arm | 45/35

Lip or Chin | 20

Underarm | 25

Stomach | 25

Gentleman's Wax | 95

Gentleman's Back Wax | 95

## HOW TO SPA

### SCHEDULING

Hotel reservation or credit card required to secure appointments.

### ARRIVAL

Please arrive at least 15 minutes prior to your scheduled treatment time. Late arrivals will still end at the originally scheduled time so that we may accommodate other scheduled guests.

### AMENITIES

All guests will be supplied with a locker, robe and slippers. A steam room is available for use.

### CANCELLATION

Please provide a 24-hour cancellation notice for all Spa reservations. Spa reservations are non-transferable. Cancellations must be received by 12 noon (local time) one day prior to arrival to avoid a cancellation fee equal to 100% of the treatment cost.

To make your spa experience as seamless as possible, a 20% service charge will be added to all the spa services. The 20% service charge will also be applied to spa package prices. The service charge is adjustable upon request.

## CONTACT

LOTTE NEW YORK PALACE Spa & Fitness Center

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www.lottenypalace.com/hotel/wellness

## CROWN CLUB MEMBERSHIP JOIN TODAY!

DISCOVER The Crown Club Lotte New York Palace Spa & Fitness Membership.

Nestled in the heart of Manhattan's Midtown, Lotte New York Palace Spa and Fitness Center is a private sanctuary of health and well-being. This lifestyle club offers preferred level of assistance tailored to your personal requirements.

You will have access to body treatments, massages, facials, and customized personal training programs designed to calm the mind and refresh the body. As a valued member of The Crown Club, you will have a dedicated coordinator with specialist knowledge, expanding your access to Lotte New York Palace hotel amenities.

CONTACT FOR MORE INFORMATION.

# SPA

## Treatment Menu



LOTTE NEW YORK PALACE

## MASSAGE

### Palace Restorative Massage

50m | 195     80m | 270

In this Swedish style massage, your therapist will use light to medium pressure to choreograph a treatment tailored to the concerns of your body.

### Invigorating Aromatic Massage

50m | 215     80m | 290

This deeply revitalizing treatment uses aromatherapy, deep-heat and hot towels to unwind the body, reboot the mind, and transform stress into balance.

### Zen Athlete

50m | 260     80m | 335

Created especially for treating specific areas of the body. Working with slow, deep movements to release blood to the muscle, re-energizing the tissue with fresh oxygen. This treatment will reduce muscle swelling and tension, relieve muscle fatigue and increase the flexibility of the muscle tissue.

### Hot Stone Massage

50m | 225     80m | 300

This deeply relaxing treatment features heated stones and long connective strokes to stimulate circulation while releasing muscle soreness and stiffness.

### Pre-Natal Massage

50m | 200     80m | 275

A holistic and pampering treatment designed to address the special needs of expectant mothers such as stress, fatigue, muscle pain, insomnia, stretch marks, and hormone-reactive skin.

### Reflexology

25m | 125     50m | 200

This ancient technique encourages circulation of blood flow through the stimulation of reflex points in the feet to rebalance and renew.

## massage enhancements

### Aromatherapy | +30

Choose from Deep Forest, Lavendar Blossom, Ginger Root, and Alpine Arnica.

### Arnica Muscle Repair | +50

This anti-inflammatory treatment eases muscle pain and joint stiffness.

### Scalp Treatment | 25m | +70

Relieve tension and headaches with this deeply relaxing treatment while nourishing your hair from root to tip.

### Express Massage | 25m | 125

A twenty-five minute massage can be what you need either regularly or on an as-needed basis. It offers convenience, time and helping the pain you have in one or two areas while allowing you to unwind.

## FACIALS

### Palace Signature Facial

50m | 185     80m | 260

Experience dramatic results with this skin conditioning treatment designed for devitalized skin. In this custom session we will purify and hydrate to improve the appearance of fine lines and wrinkles, radiance, smoothness, and firmness.

### Wrinkle Repair Facial

50m | 250     80m | 325

Fall in love with your skin. Experience this regenerating, corrective treatment that combats the signs of aging. Using the latest and most effective active ingredients in 100% skin-loving formulas, Argan Plant Stem Cells, Matrixyl®, synthe'6®, and a Tri-Retinol blend work together to reduce fine lines and wrinkles while improving skin tone and firmness.

### Clarifying Facial

50m | 200     80m | 275

Clear congested complexions with this gentle, yet effective, treatment for teenage or adult acne. This treatment uses purifying BHAs along with astringent and antibacterial extracts of Alpine Willow and Rosemary to control sebum and leave a soft, matte finish.

### Gentleman's Signature Facial

50m | 175     80m | 250

Customized for men's skin care needs, this stimulating facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun damaged, or razor-burned skin.

## facial enhancements

### Eye Contour Treatment | +55

Designed to reduce puffiness, undereye discoloration and the appearance of fine lines and wrinkles.

### Micro Current | +50

Combines spa-grade ultrasonic peeling, visibly diminishes the appearance of fine lines and wrinkles, firms and plumps up the skin and reduces pore size.

### Customized Peel | +50

Advanced refining peel for dull complexions.

### Cleansing Back Treatment | 30m | +80

This treatment targets a variety of skin care needs such as clogged pores, back acne, and dry skin.

### Rejuvenating Hand Treatment | 20m | +65

Powerful antioxidants melt together to deliver deep hydration to combat dryness and reduce the visible signs of aging.

## DIVINE MOMENTS: In-Room

### Soothe & Restore Facial

50m | 245

This deeply healing and restorative facial is designed for devitalized skin. In this custom session, skin is replenished at the cellular level with our Aloe Replenishing Gel Mask.

### Executive Escape

50m | 240     80m | 315

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and promote wellbeing.

### Four Hands, Two Hearts: Couple's Massage

50m | 515     80m | 590

Romantic and healing in-room couple's massage combines aromatherapy and our restorative massage to unwind the body and reboot the mind.