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THE SPA PROFESSIONAL'S CHOICE

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CRYSTAL CALM

SPA DE LA MER AT BACCARAT
HOTEL & RESIDENCES NEW YORK

radar

a look at the latest spa trends,
offerings, and retail items

Anguilla Escape

Relaxation-seekers staying at Anguilla's luxe new Zemi Beach House Resort & Spa are transported from the Caribbean to Thailand and back again at the **Zemi Thai House Spa**. Set within an authentic Thai house that was imported from Thailand in the 1980s, the 15,000-square-foot indoor and outdoor retreat combines Asian inspiration with Anguillian influences. Spa facilities include oversized spa suites, a wellness boutique, outdoor rest areas with wave loungers and spaces for yoga and Pilates, and a meditation garden where guests can enjoy classes

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Outdoor relaxation areas are the ideal place to enjoy island breezes pre- and post-treatment.

[radar]



Set within an authentic Thai house (left), the spa features several spacious treatment rooms (below).



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on mindfulness and relaxation. A fresh juice bar features teas and cold-pressed juices made from fruits, herbs, and plants from the spa garden. The spa is also home to the island's first coed House of Wellbeing, featuring a hammam, the Bohique Mud Deck for mud and salt body treatments, outdoor showers, and a vitality pool. Also central to the wellness offerings is the Taino Bathing Ritual (\$85 or complimentary with purchase of another service), a self-guided experience in which guests journey through different temperature changes incorporating ancient plants and herbs used by Anguilla's native Taino Indians. It's an indigenous experience with an Asian flair.—*Julie Keller Callaghan*

Adventurous Anniversary

In the ultimate centennial celebration, Enchantment Resort (Sedona, AZ) has launched an exciting adventure package—with a dose of pampering at **Mii amo**—to help honor the 100-year anniversary of the nation's National Parks, which takes place in August. The adrenaline-inducing Over-the-Top Grand Canyon Adventure Package (starting at \$11,045) includes a private helicopter flight for four from Sedona to the Grand Canyon followed by a soothing Sedona Clay Wrap at the destination spa, as well as three nights in one of the resort's luxe casitas. Also included is a private guided Natural History Hike, during which guests learn about the native flora, fauna, and geology of the surrounding canyon, further taking the birthday bliss to new heights.—*J.K.C.*



The package includes a helicopter flight (above) and a spa service (left).