

asiaSpa

July/August 2016

THE ECO ISSUE

NATURE AND NURTURE
VOLUNTOURISM

AGO BAY

SPA HOPPING
IN MANILA

24 HOURS
IN MOSCOW

MAURITIUS

+10
TOP
GREEN YOGA
BRANDS

Hong Kong, China HK\$48 • Singapore S\$8 (inc GST)
Malaysia M\$20 • Thailand ฿200 • China Rmb 60
Philippines P215 • Indonesia Rp50,000 (inc tax)
Australia AU\$25 • New Zealand NZ\$0 • Japan ¥1,100 • South Korea ₩1,000
Taiwan, China NT\$208 • Rest of Asia US\$7 • USA US\$8 (incl GST)



COURCHEVEL

Alpine Retreat

Six Senses Spa Courchevel opening in the autumn of 2016 will be the perfect place to ease tired muscles after an exhilarating day on the slopes. An open-plan reception and lounge area will welcome residents while a range of signature massages, restorative therapies, facials and body treatments will be offered across five dedicated treatment rooms. The spa at the Six Senses Residences Courchevel will feature an indoor swimming pool, saunas, steam room, a relaxation lounge, a gym and a studio for wellness classes, manicure and pedicure stations and a juice bar. www.sixsenses.com



ANGUILLA

Jewel of the East

Nestled inside an authentic Thai House that was transported from Thailand to Anguilla in the 1980s, Zemi Thai House Spa will be the crowned jewel of Zemi Beach House. Spanning 15,000sqft of indoor and outdoor space, the spa will house the island's first co-ed 'House of Wellbeing' with a heated gobek taxi, sun deck for mud and salt body treatments, outdoor showers and vitality pool. Spa facilities will include oversized private spa villas, couples villas, a wellness boutique, outdoor rest areas with wave loungers and spaces for yoga and Pilates and a meditation garden where guests will enjoy classes on mindfulness and relaxation. www.zemibeach.com

LOS CABOS

Balmy Daze

Enjoy a variety of massage therapies and spa treatments at the newly revamped Sueños Del Mar Spa at the Casa del Mar Golf Resort & Spa to rejuvenate mind, body and soul. Four indoor cabins and two couples' treatment rooms provide a tranquil 4,900sqft setting. Unwind in the Jacuzzi or sauna before enjoying views of the Sea of Cortes in picturesque Los Cabos. www.casadelmar.com.mx

