

FREE INSIDE! GET MARIE CLAIRE ON YOUR TABLET & PHONE

JULY 2016

marie claire

Sexy FOR SUMMER

BODY-SMOOTHING
SECRETS

BEST NEW
BRONZERS
(WITH BENEFITS!)

10 PLACES
TO BLISS OUT
AND RECHARGE
YOUR BEAUTY
ROUTINE

FASHION HEATS UP

SLINKY DRESSES,
ROMANTIC DETAILS &
DARING CUTOUTS

*Blake
Lively*

ON REAL
LOVE,
LEARNING
TO FAIL &
THE PERFECT
MAC 'N'
CHEESE

CAN A
SHAMAN
FIX YOUR
LIFE?

THE CRAZY
COOL WAY TO
GET SLIMMER,
HAPPIER &
HEALTHIER



NEXXUS®

NEW YORK SALON CARE

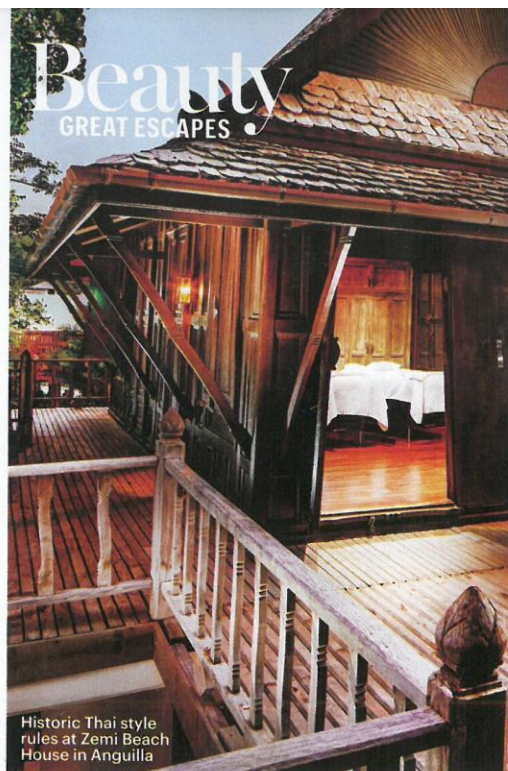
DISCOVER **SALON CRAFTED STYLING** FOR TOUCHABLE VOLUME

NEXXUS VOLUME STYLING COLLECTION

Custom crafted to amplify any hair type

Uniquely created in partnership with our Nexxus New York Salon, this collection is designed to give you an effortless style. Our FluidFix™ technology provides air light volume and long-lasting body without compromising hair's natural movement.

FOR HAIR THAT LIVES TO MOVE



Historic Thai style rules at Zemi Beach House in Anguilla

For the NATURALIST

The place: ZEMI THAI HOUSE SPA AT ZEMI BEACH HOUSE IN SHOAL BAY EAST, ANGUILLA

The treatment: Taino Bathing Ritual (\$85).

The lowdown: Located in an ancient Thai house that was relocated from Thailand to Anguilla (!), Zemi Beach House resort's unique spa treatment was inspired by the indigenous Taino Indians, who layered their bodies with a mud mix of salt, fruit, and herbs back in the day, then laid in the sun until the mud mask dried before bathing it off. In this 21st-century interpretation, scrub treatments using local plants and herbs are applied in a hot hammam to exfoliate and relax the body before it's layered with a mud mask, which detoxifies the skin as you chill on the sundeck. Rinse off in a rain shower, then chug coconut water in the Aty Vitality Pool—it pays homage to Atabeyra, the Taino goddess of water and well-being. natch.zemibeach.com

For the DIVA

The place: DIOR INSTITUT AT THE PLAZA ATHÉNÉE IN PARIS

The treatment: Dior Prestige Grand Facial Treatment (\$250).

The lowdown: Ladies who live luxe (and those of us who want to treat ourselves for a job well done) will appreciate the special attention—and ornate treatment rooms—at the newly renovated spa at the Plaza Athénée hotel in Paris, where you may casually run into a local billionaire or two. Steps away from Dior's flagship on avenue Montaigne, the Institut's signature treatment spends 60 minutes on an indulgent facial massage using the brand's Rose de Granville-infused serums and creams, with 15 minutes focused on an area of your choice—lifting cheekbones or giving your jet-lagged eyes some extra TLC. They'll even toss in a posture-correcting back massage with some Dior treatments, so you'll walk out kneaded and sculpted to look—and feel—like a million bucks. dorchestercollection.com



SOUVENIR SUGGESTION
Dior Prestige Le Concentré Yeux, \$215.



The chic reception lounge at the Dior Institut in Paris

For information on where to buy, see Shopping Directory.

THE FAST TRACK

Sometimes you just want to get in, get treated, and get out. What these express spas save you in time and money, they make up for in speedy results

THE NOW: It doesn't matter if you want Swedish, sports, or energy-balancing, all the 25-minute massages cost just \$35 at this SoCal studio. Walk-ins are welcome, and if you spend an extra 10 bucks, you can get a Power Cleansing stomach rub that detoxifies and helps with digestion. thenowmassage.com

GIORGIO ARMANI BEAUTY: Shop till you drop at NYC's Bergdorf Goodman, and then enjoy some well-deserved pampering at the new Giorgio Armani beauty counter and facial spa. Spend \$200 on your favorite products and receive a complimentary 20- to 30-minute treatment of your choice. bergdorfgoodman.com

HEYDAY: Maintaining spotless skin is easy, thanks to this New York City facials-only spa. Thirty-minute treatments (cleansing, exfoliation, hydration) cost \$60; monthly memberships and facial packages get you extra discounts. thinkheyday.com